



PROCLAMATION:
BY MAYOR BART CASTLEBERRY
CITY OF CONWAY, ARKANSAS
MIGRAINE AND HEADACHE AWARENESS MONTH
June, 2019

Whereas, there are more than 300 medically recognized headaches diseases, including migraine cluster; and

Whereas, migraine is a genetic, neurological disease characterized by episodes called attacks; and

Whereas, approximately 36 to 40 million Americans have migraine disease, of which 4 million have chronic migraine, experience 15 or more migraine attacks each month; and

Whereas, migraine is the second leading cause of all global disability; and

Whereas, approximately one in 1,000 people in the united States live with cluster headaches disease; medically referred to as the most painful condition known to humans; and

Whereas, veterans returning home from Iraq and Afghanistan have 2-4 times the incidence of migraine compared to the general population; and

Whereas, posttraumatic headache occurs in up to 92% of military personnel who have sustained mild TBI (Traumatic Brain Injury); and

Whereas, among all workers with migraine, 7% of lost work productivity is due to "presentism"; and

Whereas, the effects of migraine, headache and cluster attacks are experienced on a spectrum, presenting significantly different levels of intensity, frequency and disability; and

Whereas, migraine disease impacts all systems of the body with symptoms including intense pain, nausea, sensitivity to light, sound smell and touch, visual disturbance, chills, fatigue, anomic aphasia, impaired and cognitive function, numbness and weakness; lasting for 4 to 72 hours on average; and

Whereas, those living with one or more headache diseases has historically stifled research and advances in treatment options; research funding and public education are crucial to alleviating the pain of 10% of Americans; and

Whereas, there is no cure for any headache diseases; and

Whereas, the United States Department of Health and Human Services officially recognizes June as Migraine and Headache Awareness Month.

Now therefore I, Bart Castleberry, Mayor of Conway, do hereby proclaim June, 2019 as:

“MIGRAINE AND HEADACHE AWARENESS MONTH”

In witness whereof, I have hereunto set my hand and caused the SEAL of the City of Conway, Arkansas to be affixed.

Dated this 18th day of June, 2019

Bart Castleberry

Mayor Bart Castleberry